HOLY PLACES GUIDE

A Lamp for My Steps

A 90-Day Gospel Reading Journal

A quiet encounter with the Gospels, one chapter at a time.

THIS JOURNAL BELONGS TO

Begin with a small rhythm

This 90-day plan takes you through the four Gospels, not the entire Bible. Read one chapter each day for 89 days; use day 90 to reflect. Begin on any date. Missed a day? Resume where you stopped.

01 READ SLOWLY

Read the chapter in your preferred Bible translation. Notice its setting, speakers and main movement.

02 NOTICE & RESPOND

Use the thirteen weekly pages to record observations, questions and a practical response.

03 MAKE IT YOUR OWN

References point to Scripture; all prompts in this journal are original. You may pause, reread or extend the plan.

Before the first chapter

Psalm 119:105

You do not need to arrive with every answer. Bring your attention, your questions and an honest desire to learn.

DATE _____

- *What draws me to read the Gospels now?*

- *When and where can I make room to read?*

- *What would a sustainable rhythm look like?*

Days 1-30

Mark each chapter when you finish. Write your starting date; the schedule is intentionally undated.

START DATE _____

	DAY	READING		DAY	READING
☐	01	Matthew 1	☐	16	Matthew 16
☐	02	Matthew 2	☐	17	Matthew 17
☐	03	Matthew 3	☐	18	Matthew 18
☐	04	Matthew 4	☐	19	Matthew 19
☐	05	Matthew 5	☐	20	Matthew 20
☐	06	Matthew 6	☐	21	Matthew 21
☐	07	Matthew 7	☐	22	Matthew 22
☐	08	Matthew 8	☐	23	Matthew 23
☐	09	Matthew 9	☐	24	Matthew 24
☐	10	Matthew 10	☐	25	Matthew 25
☐	11	Matthew 11	☐	26	Matthew 26
☐	12	Matthew 12	☐	27	Matthew 27
☐	13	Matthew 13	☐	28	Matthew 28
☐	14	Matthew 14	☐	29	Mark 1
☐	15	Matthew 15	☐	30	Mark 2

Days 31-60

Mark each chapter when you finish. Write your starting date; the schedule is intentionally undated.

START DATE _____

	DAY	READING		DAY	READING
☐	31	Mark 3	☐	46	Luke 2
☐	32	Mark 4	☐	47	Luke 3
☐	33	Mark 5	☐	48	Luke 4
☐	34	Mark 6	☐	49	Luke 5
☐	35	Mark 7	☐	50	Luke 6
☐	36	Mark 8	☐	51	Luke 7
☐	37	Mark 9	☐	52	Luke 8
☐	38	Mark 10	☐	53	Luke 9
☐	39	Mark 11	☐	54	Luke 10
☐	40	Mark 12	☐	55	Luke 11
☐	41	Mark 13	☐	56	Luke 12
☐	42	Mark 14	☐	57	Luke 13
☐	43	Mark 15	☐	58	Luke 14
☐	44	Mark 16	☐	59	Luke 15
☐	45	Luke 1	☐	60	Luke 16

Days 61-90

Mark each chapter when you finish. Write your starting date; the schedule is intentionally undated.

START DATE _____

	DAY	READING
☐	61	Luke 17
☐	62	Luke 18
☐	63	Luke 19
☐	64	Luke 20
☐	65	Luke 21
☐	66	Luke 22
☐	67	Luke 23
☐	68	Luke 24
☐	69	John 1
☐	70	John 2
☐	71	John 3
☐	72	John 4
☐	73	John 5
☐	74	John 6
☐	75	John 7
☐	76	John 8
☐	77	John 9
☐	78	John 10
☐	79	John 11
☐	80	John 12
☐	81	John 13
☐	82	John 14
☐	83	John 15
☐	84	John 16
☐	85	John 17
☐	86	John 18
☐	87	John 19
☐	88	John 20
☐	89	John 21
☐	90	Review & reflection

Week 1: The beginning of the story

Weekly reading reflection

Days 1-7 | Matthew 1 to Matthew 7. Read each passage in its own context before drawing connections.

DATE _____

- *Passages, details and repeated words I noticed*

- *What do I notice about Jesus' teaching and the people who approach him?*

- *One question to explore and one response to practice*

Week 2: Kingdom encounters

Weekly reading reflection

Days 8-14 | Matthew 8 to Matthew 14. Read each passage in its own context before drawing connections.

DATE _____

- *Passages, details and repeated words I noticed*

- *Which response to Jesus surprises me, and why?*

- *One question to explore and one response to practice*

Week 3: Following with attention

Weekly reading reflection

Days 15-21 | Matthew 15 to Matthew 21. Read each passage in its own context before drawing connections.

DATE _____

- *Passages, details and repeated words I noticed*

- *Where does the text challenge my assumptions about discipleship?*

- *One question to explore and one response to practice*

Week 4: The way of the cross

Weekly reading reflection

Days 22-28 | Matthew 22 to Matthew 28. Read each passage in its own context before drawing connections.

DATE _____

- *Passages, details and repeated words I noticed*

- *How do the final chapters of Matthew shape my understanding of hope?*

- *One question to explore and one response to practice*

Week 5: Notice the details

Weekly reading reflection

Days 29-35 | Mark 1 to Mark 7. Read each passage in its own context before drawing connections.

DATE _____

- *Passages, details and repeated words I noticed*

- *What does Mark emphasize through action, questions and encounters?*

- *One question to explore and one response to practice*

Week 6: Trust amid tension

Weekly reading reflection

Days 36-42 | Mark 8 to Mark 14. Read each passage in its own context before drawing connections.

DATE _____

- *Passages, details and repeated words I noticed*

- *Where do faith, misunderstanding and fear appear together?*

- *One question to explore and one response to practice*

Week 7: A new telling

Weekly reading reflection

Days 43-49 | Mark 15 to Luke 5. Read each passage in its own context before drawing connections.

DATE _____

- *Passages, details and repeated words I noticed*

- *What does the transition from Mark to Luke help me notice?*

- *One question to explore and one response to practice*

Week 8: Mercy in daily life

Weekly reading reflection

Days 50-56 | Luke 6 to Luke 12. Read each passage in its own context before drawing connections.

DATE _____

- *Passages, details and repeated words I noticed*

- *Whose needs receive attention, and whose voice do I need to hear?*

- *One question to explore and one response to practice*

Week 9: Listening to parables

Weekly reading reflection

Days 57-63 | Luke 13 to Luke 19. Read each passage in its own context before drawing connections.

DATE _____

- *Passages, details and repeated words I noticed*

- *What does the surrounding passage add to a familiar story?*

- *One question to explore and one response to practice*

Week 10: Journey and witness

Weekly reading reflection

Days 64-70 | Luke 20 to John 2. Read each passage in its own context before drawing connections.

DATE _____

- *Passages, details and repeated words I noticed*

- *How do the closing scenes of Luke and opening of John speak of witness?*

- *One question to explore and one response to practice*

Week 11: Signs and conversations

Weekly reading reflection

Days 71-77 | John 3 to John 9. Read each passage in its own context before drawing connections.

DATE _____

- *Passages, details and repeated words I noticed*

- *What do Jesus' conversations reveal about the people he meets?*

- *One question to explore and one response to practice*

Week 12: Love and belonging

Weekly reading reflection

Days 78-84 | John 10 to John 16. Read each passage in its own context before drawing connections.

DATE _____

- *Passages, details and repeated words I noticed*

- *What does love look like in the passages I read this week?*

- *One question to explore and one response to practice*

Week 13: Resurrection and response

Weekly reading reflection

Days 85-90 | John 17-21, followed by a day of reflection. Read each passage in its own context before drawing connections.

DATE _____

- *Passages, details and repeated words I noticed*

- *What will I carry into life after completing this reading plan?*

- *One question to explore and one response to practice*

Four voices, one reading journey

Compare a story that appears in more than one Gospel. Notice what each account actually says before trying to combine the details.

DATE _____

- *Passages I am comparing*

- *Similarities, differences and each account's emphasis*

- *What I understand more clearly; what I still need to study*

Questions worth keeping

A careful question is part of attentive reading. Separate what the passage states from your interpretation and what remains uncertain.

DATE _____

- *My question and the passage that raised it*
- *Context, cross-references or reliable resources to consult*
- *What I learned and what remains open*

Passages to return to

Keep references to passages that invite you to reread, reflect or pray. Add a brief note about why each one matters.

DATE _____

- *Reference and what drew my attention*

- *Reference and what I want to explore*

- *Reference and a prayer to carry*

A rhythm that can last

Track moments of reading without making the marks a measure of your worth. Begin again gently whenever needed.

Mark a square after reading. Each number matches a day in the plan.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90

- *What helps me return to reading?*

Looking back over ninety days

Return to your first intentions. Growth may appear as a new question, a changed habit or a deeper willingness to listen.

DATE _____

- *What changed in my understanding of Jesus?*

- *Which passages challenged or encouraged me?*

- *Where did reading begin to shape my daily life?*

The next faithful step

Choose a realistic next step: reread a Gospel, study a short passage with others, or explore another biblical book with a suitable reading guide.

DATE _____

- *What I want to read or study next*

- *A small practice and a person who can encourage me*

- *My closing prayer and starting date*